



Improving Patient Care: Examining Medical Practices for LGBTQ Individuals

Jointly sponsored by Fletcher Allen Health Care and SafeSpace at RU12? Community Center

Tuesday November 16, 2010 9am to 4pm

Where: Vermont College, Montpelier, Vermont

Cost: \$30, includes breakfast and lunch

Directions: www.ccv.edu/locations/montpelier/directions_to_site/index.html

Who should attend: Physicians, Nurses, SANEs, Social Workers, Mental Health Providers, DCF workers, DOC, APS and AHS staff, Medical and Nursing Students

Presentations and Workshops

Queering Health Care: Removing Barriers to Accessing Health Care for LGBTQ Communities

Introduction to Transgender

Are You Gonna Tell My Mom?: Working with LGBTQ Sexual Assault Survivors in Health Care Settings

Introduction to Transgender Mental Health

Accessing Safe Transgender Health Care

Envisioning Best Practices for the Future

Learning Objectives

Participants should walk away from the workshop with a greater understanding of the micro and macro-level barriers to health care for LGBTQ people and an understanding of how they can address these inequities.

Participants will learn culturally sensitive language to use with patients, as well as gain a greater understanding of how to work through some of the ethical dilemmas involved in working with young people surviving sexual violence.

Participants will understand the need for screening for experiences of victimization based on gender variance in the context of clinical care.

Participants will learn about multiple models for comprehensive transgender health care.

Continuing Education Credit

6 CEUs- Social Workers

Applied for:

CEs- Mental Health Professionals

Our Partners

- The Vermont Center for Crime Victim Services
- Community Health Center of Burlington
- UVM Women's Center
- VT Network Against Domestic & Sexual Violence
- Lund Family Center
- Outright Vermont
- Women Helping Battered Women

This conference is supported in part by OVC-TTAC

Program Faculty

Avy Skolnik is a doctoral student and graduate assistant in counseling psychology at Columbia University. Prior to enrolling at Columbia, Avy worked for eight years as a crisis intervention counselor, community educator, and advocate in the nonprofit sector, first for the Colorado Anti-Violence Program (2001 – 2006) and then for the New York City Anti-Violence Project (2006 – 2009), teaching workshops for service providers and community members on dating and domestic violence, sexual assault, police misconduct, and bias-motivated violence against lesbian, gay, bisexual, and transgender communities. While pursuing his doctoral degree, Avy joined Health Services at Columbia in 2009 as a writer for the website "[Go Ask Alice!](#)" Avy's research interests include sexual and gender identity development and the effects of societal and interpersonal oppression on marginalized communities. In addition to his academic pursuits, Avy works as a consultant for the [Graduate Writing Center](#) at Columbia's Teachers College and works independently as a consultant and educator on violence issues impacting lesbian, gay, bisexual, and transgender communities.

Evan Eyler, MD, MPH is a Clinical Associate Professor of Family Medicine and Psychiatry at the University of Vermont College of Medicine, a Fellow of the American Academy of Family Physicians and a Diplomate of the American Board of Psychiatry and Neurology. Dr. Eyler has been active in transgender medical care for many years, and served as Director of Primary Care Services of the University of Michigan Comprehensive Gender Services Program from 1995-2000.

Rachel Inker, MD has been a family physician at the Community Health Center of Burlington for the past nine years. She has been working with transgender men and women since 2005. In June of 2010, the Community Health Center initiated the Transgender Health Clinic where Dr. Inker is the primary care provider. She received her A.B from Harvard College and her M.D from the University of Massachusetts.

Olivia Kline, EMT-I, B.A. is a Medical Assistant at two of the Community Health Center of Burlington's clinics; the Transgender Health Clinic and the Safe Harbor Clinic for homeless adults. Olivia has been instrumental in creating a trans-affirmative environment at the Community Health Center. Olivia received her B.A. at Smith College.

AGENDA

8:30-9:00 **Check in/Registration**

9:00-10:30 **Plenary**

Queering Health Care: Removing Barriers to Accessing Health Care for LGBTQ Communities - Avy Skolnik

This presentation will focus on some of the major systemic and interpersonal barriers that prevent diverse LGBTQ communities from accessing health care, resulting in health disparities and unequal access to quality and preventative health care. This session will address such issues as skyrocketing costs of health care, Ob/Gyn concerns of women who have sex with women, discriminatory remarks from first responders, physicians, and other providers, inaccessibility of transgender-specific health care, and much more.

10:30-10:45 **Break**

10:45-11:45 **Introduction to Transgender - Evan Eyler, MD, MPH**

This session is designed to establish common ground for discussing gender identity, gender presentation and gender transition, particularly for participants who have little experience with interacting with gender variant persons in a clinical setting. Gender variance will be introduced from a biological and transcultural perspective, including the relative levels of acceptance of gender atypical persons, ranging from positive status to victimization and abuse. Contemporary medical treatments in gender transition will be briefly discussed.

11:45-1:00 **Lunch**

1:00-3:00 **Workshops**

Are You Gonna Tell My Mom?: Working with LGBTQ Sexual Assault Survivors in Health Care Settings- Avy Skolnik

This workshop will address the multiple contexts in which young people experience sexual violence, as well as how adultism, homophobia, transphobia, and heterosexism make accessing health care settings particularly problematic for LGBTQ young people.

Introduction to Transgender Mental Health- Evan Eyler, MD, MPH

Introduction to transgender mental health: This workshop is designed for mental health professionals and primary care clinicians who work with gender variant persons, or who would like to. Topics will include an introduction to gender variance, the transition process, safe use of hormonal preparations, and concurrent mental health conditions, including those rooted in rejection or victimization.

Accessing Safe Transgender Health Care- Rachel Inker, MD & Olivia Kline, EMT-I

This workshop is designed to help healthcare professionals understand the barriers to health care for gender variant people. Topics will include understanding the spectrum of trans-affirmative health care, exploring barriers to care, competencies around hormonal reassignment, protocol lab monitoring as well as contraindications and models for comprehensive transgender health care.

3:00-3:15 **Break**

3:15-4:00 **Moderated Panel Discussion**
Envisioning Best Practices in the Future

REGISTRATION FORM

Send registration by Nov. 1st with \$30 check payable to:
RU12? Community Center
ATTN: Ann or Brenda
20 Winooski Falls Way, Suite 102
Winooski, VT 05404

To pay by Credit Card: call Ann at 802-860-7812
Email registration to Ann@ru12.org

Please print clearly:

Name: _____

Title: _____

Organization: _____

Address: _____

Telephone: _____

Email: _____

Select **ONE** Workshop:

Are You Gonna Tell My Mom? : Working with LGBTQ Sexual Assault Survivors in Health Care Settings

Accessing Safe Transgender Health Care

Introduction to Transgender Mental Health

I would like CEUs (check one)

SW 6 CEUs _____

General CEs _____

Any Special Needs or Accommodations:

Dietary _____ Sign Language Interpreters: _____

Other: _____